

The Living Water Flows



Living Water Wesleyan Church

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Pastor's Corner



Rest. What a delightful word! In times that are filled with stress and anxieties we long for and desperately need to find a place and time for a refreshing period of rest. Rest restores balance and peace.

The approach of the season called Fall should bring to mind the reality of the order in the natural world God created that provides for a cycle of activity followed by rest. There is a pattern in nature that I believe is intended by God to remind us of His desire that we also stop for periods of a much needed time of rejuvenation and realigned perspective that enables us to cope with the many demands and unsettling experiences of our daily lives.

Look at the example of Jesus. He, though possessing the nature of the divine Godhead, understood the importance of stopping for rest. Let's look at just a couple of examples.

"Then, because so many people were coming and going that they did not even have a

chance to eat, he said to them (the disciples), "Come with me by yourselves to a quiet place and get some rest." (Mark 6:31 NIV)

"Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls." (Matthew 11:29 NIV)

In the gospel we see Jesus taking time to get away from the crowd to rest and pray. We also see him sleeping in a boat while a wind storm rages and rattles the nerves of the disciples.

In Genesis 2 we read that God himself rested from His labor in creating the world and His law commands us to set aside a day of spiritual and physical rest.

In numerous passages of scripture we are promised restoration through our times of rest, mediation, and fellowship with our Creator.

It is interesting that God's word has to give us the command to rest. Far too often we keep on toiling through life until all physical energy is gone and exhaustion sets in. Then we simply collapse utterly drained like a balloon that has expended the sum

total of the air it contained. Like that balloon, we fall deflated and utterly empty.

This happens to us in our spiritual lives, too. We fend off the constant assault of temptation, the unending criticism and ridicule of an unbelieving culture, and the attacks of Satan to sow doubt and fear into our hearts. We are exhausted and may feel like we can't go on any longer.

But here is where rest comes to our rescue. If we will recognize our frailty, admit to our weariness, and surrender to the need for rest, we can take the time we need for the restoration of both body and spirit that God desires for us. This is not wasted time, it is vital time. This makes room for the renewal necessary to continue to live productive lives of joy and hope as a witness to others around us. Times of rest allow us to break away from the drain and strain of a far too chaotic world and reconnect with the source of life.

Here is my challenge to you. If you are feeling worn out physically and/or spiritually, stop. Set aside a time and place for resting your body and your spirit. Read your Bible. Go for a walk. Take time for your favorite activity or hobby. Visit a museum or garden. Take a nap. Talk with Jesus. Make the time and make it a regular part of the routine or your life.

If nature understands the need for regular rest, certainly we should take the hint and remember to break away from all that wears us down. After all, life in all of its frenzy will continue in an incessant consumption of our spirit and energy. So take

your cue and get some rest. There is another day to come.

Dale

AROUND THE ADMINISTRATIVE BOARD TABLE...

Here we are in October, and we are still learning about COVID19 -- our church made headway with the decision to resume worship in the sanctuary in September! Saturday night at 6 p.m. in the sanctuary and Sunday at 10:30 a.m. in the sanctuary wearing our masks and observing social distancing ...

For those who can, I urge you to contact the www.lwvc.net for other activities available throughout the week!

Some of us continue to share worship virtually because we have doctors' orders requiring us to do so! We are not contagious but pre-existing conditions and different stages of recuperation from surgery require us to acknowledge we are vulnerable and must limit our visits to necessary ventures out into the community (i.e., grocery shopping every few weeks and doctor appointments).

I got my flu shot on September 1st and am wondering if each of you has gotten yours???? I still get my shot at Walgreen's because they will then give a shot to someone who could not otherwise afford it -- Ron and I always considered this one of our many random acts of kindness!

Getting a Flu Shot now is important because it will be in your body protecting you

so that, when an inoculation is approved for COVID19, you are already being protected by your 2020 Flu Shot! There is absolutely no reason for any of us to be confusing medical personnel about symptoms being Flu or COVID19!!!!

Of course, a COVID19 approved inoculation being available in the future (after lengthy testing) raises other decision-making questions to discuss with your doctor, your family and to please pray about as you reach your decision!

There are strong opinions on both sides of this decision-making!

Have you been rather mystified that, despite our long period of modified schedules because of COVID19, this year has seemed to have flown by rapidly???

Should we be thinking about swapping our required masks for something resembling the current "must have" Halloween mask and costume??? I am thinking that the ghosts and goblins of 2020 will not be celebrated this year but do not know that to be a fact!

Most of the events of our lives have occurred without fanfare this year, but I feel like we have a need to be encouraged at this time!

Encouragement is needed because each of us has been blessed with not being alone -- please think about the ways we have been assured that Jesus is with each of us! We get a little careless with our thinking we are all alone in maintaining the diverse roles called for during this time -- nope we need a

prayer of encouragement to remind us of our blessings ...

I share with you "God, grant by your Holy presence the vision for me to see you clearly ... to give me encouragement to follow where you are leading me ... and a faithful strength to trust you so that the lives I am touching will know and want to worship you ... in Jesus name we pray. Amen"

Last month, I reminded you to not postpone calling someone you were thinking about calling! I mention it again because, if you called, he or she may not have received another call since talking with you.! We are social beings and we need to know someone is thinking of us! There is great joy in hearing someone thank you for caring enough to call!!!! As always, I surround you and yours with comforting POP and, for those recuperating, healing POP with love hugs ... Joyce and Her Fur Fur Kid CJ (the Wonder Therapy Dog)

Joyce

Women's Bible Study

The Ladies Bible Study resumed on Tuesday, September 22nd, live, at the church. We are studying The Power of Prayer. Each participant received a personal prayer notebook to assist as we study how to pray and what to say when we pray. Join us to become "Women of Prayer".

Anna

Newsletter

The deadline for submitting articles to be included for the following month will be the 15th of the month, i.e., for November's newsletter, I will need to receive the article by October 15th. Articles may be e-mailed to LWWCNewsletter@gmail.com or a printed copy left at the church office.

Nancy

Birthdays and Anniversaries

November Birthdays

- 1st Rebekah Burnett
- 5th Bob Morrison
Pastor Kem Travis
- 7th Timothy Haley
Randy Letscher
- 11th Don Caparell
Frances Starkweather
- 17th Betty Krebs
- 24th Ernie Condron
- 27th Kelly Caparell
Sid Mastrangelo
- 29th Lorie Travis



November Anniversaries

- 31st Marty & Kelli Frazier



Trivia of the Bible

The answer to September's question: B, James. (Acts 1:23)

Trivia for November:

A godly woman considers a field and buys it; out of her earnings she plants what?

What verses prove the Trinity?

Matthew 28:19 - Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: **John 10:30** - I and [my] Father are one. **2 Corinthians 13:14** - The grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Ghost, [be] with you all. Amen.

October 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 6:00 PM Worship
4 10:30 AM Worship	5	6 10:00 AM Ladies Bible Study 6:00PM Men's Bible Study	7 6:00 PM Bible Study	8	9	10 6:00 PM Worship
11 10:30 AM Worship	12	13 10:00 AM Ladies Bible Study 6:00PM Men's Bible Study	14 6:00 PM Bible Study	15	16	17 6:00 PM Worship
18 10:30 AM Worship	19	20 10:00 AM Ladies Bible Study 6:00PM Men's Bible Study	21 6:00 PM Bible Study	22	23	24 6:00 PM Worship & Communion
25 10:30 AM Worship & Communion	26	27 10:00 AM Ladies Bible Study 6:00PM Men's Bible Study	28 6:00 PM Bible Study	29	30	31 9:00-11:00 AM Food Pantry 6:00 PM Worship

All church activities subject to change.